



# Autentic Summer Holiday Lake Saimaa Finland

Do you want to relax in one of the world's most pure countries? Come and enjoy a stress-free holiday surrounded by the beautiful nature that Finland has to offer. Expect to breathe fresh air, enjoy silence, and experience the well-studied sauna healing effects. During your stay, you will have opportunities to embark on a variety of nature activities, while experiencing Finnish living, history and food culture.

#### Salpalinjan hovi

At Salpalinjan Hovi Hotel, you can decide how active you want to be. Relax, and enjoy nature in your own style and at your own pace. The hotel, a former village school built from logs, is now fully renovated and offers six modern apartment suites which have been furnished according to different school subjects. Each room has its own kitchen corner, bathroom and TV. Make yourselves at home and relax.

#### Villa Lummelahti

For the 3 last ninght you will go to Villa Lummelahti cottages which are located in a calm bay-like area with great views and sunset. They are located in a calm bay-like area with great views and sunset.









## **Program**



#### Day 1

Arrival at Hotel Salpalinjan Hovi after 14.00 o'clock.

- · Settling into the rooms.
- · Coffee with sandwiches.
- Traditional Finnish sauna experience.
   Sauna is the oldest and the most traditional healing and relaxing wellness element in Finland.
- Local delicacies dinner at Salpalinjan Hovi.Traditional food in the Karelian style from the buffet. Includes roast beef, pies, vegetables, potatoes, lettuce and bread.





#### Day 2

- Breakfast buffet for the groups and room service for the couples.
- Mushroom, berry and wild herb picking trip. After breakfast you will depart to the Finnish forest. Your guide will tell you all about the nature and the foraging possibilities that the nature offers. In Finland we have everyman's rights, which means that everyone can forage fresh food straight from the clean nature. Because of this, berry picking and mushroom picking is very common in Finland and part of the Finnish lifestyle. Depending on the season, we will either pick berries, mushrooms, wild herbs, or go fishing.
- Free time (Visitlappeenranta.fi site and the hotel staff will tell you about cool places worth visiting).

#### Day 3

- Breakfast buffet for groups and room service for the couples.
- Kayaking at Lake Saimaa with a guide. When in Finnish lakeland you must experience Lake Saimaa and the UN-ESCO Saimaa Geopark. What would be a more suitable way to do that than paddle a kayak or a canoe? You can silently move across the lake and enjoy the peacefulness and beauty right from the water level. The guide will tell you about the geology of the area and show you places where the ice age has shaped the rocks and soil.
- · Free time.



#### Day 4

- Breakfast buffet for the groups and room service for the couples.
- Guided walking tour in the Lappeenranta fortress area. Your guide will tell the stories about the history of the fortress, General Suvorov´s funny habits and explain the importance of this beautiful fortress area. You can also visit the Country Museum.
- Free time. Time to enjoy the beautiful harbor area next to the fortress and its cafes and restaurants. Going to the city centre is also worthwhile.







#### Day 5

- Breakfast buffet for the groups and room service for the couples.
- Depart from Hotel Salpalinjan Hovi.
- Cruise to the Saimaa Canal and the Saimaa archipelago. You will travel to Lappeenranta harbor and enjoy a cruise to the Saimaa Canal and around Lake Saimaa's Archipelago (which lasts a couple of hours). The Saimaa Chanal is a waterway to Russia. First, you will go down the 13 meter deep Mälkiä lock before enjoying the beautiful archipelago scenery. During the cruise you can buy good food and cold drinks. On board M/S Camilla, there is a fully-licensed restaurant, bar, and sundeck (Karelia Lines).



- Travel to Villa Lummelahti Cottages. The journey to Savitaipale takes about 45 minutes.
- Settling in the Villa Lummelahti cottages
- The owner of the villa (Heikki) will greet you and explain
  the importance of cottage life in Finland. He will explain
  how it is best to stay there. While staying in the cottage,
  you will calm down and enjoy your relaxed stay. You will
  learn to respect nature and observe animals and listen
  to the soothing sounds of nature.

#### Day 6

 One of the most important parts of Finnish culture and way of life is the sauna. It is said that the most important decisions in life and in business are made in the sauna. When you visit the Finnish Lakeland, you must experience the sauna there. You will meet Heikki again and he will explain the importance of the sauna culture and the way that the sauna is best enjoyed in Finland.



#### Day 7

You have two options for the seventh day activity:

- Firstly, you could enjoy e-fatbiking in the Saimaa
  Geopark with a guide. During the relaxed e-biking trek
  you can see how the last ice has changed the landscape of the Finnish Lakeland. The sandy shores of
  Lake Kuolimo tells a story of the changes in landscape
  that occurred over 10,000 years ago. Midway of the
  trek we will enjoy a snack at a fireplace build to replicate the ice age style hut.
- The second option is relaxing rowing at Lake Saimaa



#### Day 8.

- Morning swim in the lake, 'Finnish style'.
- Departure from the cottage by 12.00 o'clock.







### What's included

#### In Hotel Salpalinjan Hovi:

- Four nights accommodation in a double room or in a family room for max five persons, linen and towels, kitchen facilities. tv and free wifi.
- Breakfast x 4.
- Tea, coffee, fruit and snacks free of charge in the hotel room.
- · First night dinner of local delicacies.
- Four guided programs or activities (Mentioned in the programme).

Hotel Salpalinjan Hovi is a former village school built from logs. We offer you an opportunity to enjoy the historical and cosy atmosphere of our mansion-like hotel in Lappeenranta. You get to know the old village school environment and enjoy the teachers, relaxing, juniper-scented sauna.

Salpalinjan Hovi is situated in the middle of South Karelia's beautiful nature and is next to Saimaa GeoPark and Salpa Line war history sites, 9 km from the city centre.

#### In Villa Lummelahti Cottages

- Three nights accommodation in a cottage by the Lake Saimaa with a beautiful view.
- Welcome event by cottage owner Heikki and presentation of Finnish cottage life and sauna culture.
- One guided programs or activities mentioned in the programme.

Big villa and log cabins. Natural sand beach, very clear water, silence, rowing boats, two different saunas. Traditional sauna stove in log cabin with firewood and electricity sauna in big villa.

## **Prices**

2 + PAX accommodation for 4 nights in one hotel family room and 3 nights in one small cottage: 748 euros/person.

Duration: 7 nights

Extra persons (max. 2) in the same family room and cottage 478 euros/person.

5 + PAX accommodation for 4 nights in two hotel rooms and 3 nights in a big villa with an electric sauna:742 euros/person.

Extra persons (max. 3) in the same family rooms and cottage 478 euros/person.

Taxes included. Prices incl. 20% commission.

The trip requires traveling with your own car or rental car. Transportation can be arranged at an additional cost.











